

Media Testimonials -

Cancer is profound and doodling seems trivial. I never thought I'd connect the two in my mind. Then I met Carol Edmonston. Her story of healing twice from breast cancer is as inspiring as any I've heard. She is a radiant spirit who has written a radiant book. She can get us to the healer -- and the artist -- in all of us...**Joel Roberts, former co-host KABC Radio, Los Angeles**

Carol - I admire your courage, your centeredness and your lovely presentation manner. I wish you continued good health and every success! I received feedback from listeners that they were fascinated to learn about the benefits of doodling!

**Bonnie D. Graham, Long Island's Dating
WGGB Radio – 1240 AM**

As a person with ADHD I sometimes find it hard to sit still for seconds, let alone minutes. By learning how to doodle with Carol, I found I was able to concentrate solely on the act of creation and really begin into relax...**Roberta Gale , Radio Personality and Media Coach**

I first met Carol in the radiation department at the City of Hope National Cancer Hospital. I noticed her because she was continuously engrossed with pen and paper. Being curious, I finally asked what she was drawing, she replied, “this is not drawing- this is doodling!” I was so impressed with her work I asked if she would allow me to host a workshop. I found it to be an excellent way to reduce stress and anxiety, as well as just plain fun. Everyone came out of that workshop feeling like they had truly learned something. This all evolved from one woman's fight against cancer...**Rochelle Dumlao**

Your talk was very educational and gave us a better look at stress and how to solve the problem, both in our professional and personal lives...**Dee Kirtley, ABWA (American Business Women's Association)**

Like an alchemist, Carol has been able to transform anxious hours in a doctor's waiting room into creative gold by doodling. This is a valuable tool to ease anxiety and help people through stressful times and achieve a state of calmness and peace...**Lucille Leong M.D. City of Hope National Cancer Center, Los Angeles, CA**